

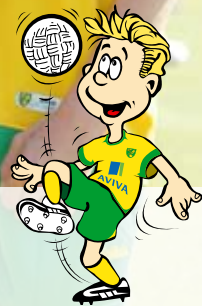
FITC Development Programme

“Number 1 for kids’ coaching”

www.fitc.org.uk / 01603 761122



Football in the Community



April - July 2009



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Welcome to the FITC Development Brochure for April – July 2009.

We have seen a really busy start to 2009, and we recently received some excellent feedback regarding your experiences on various FITC initiatives. Our coaches take great pride and enjoyment working on our programmes, and it's very rewarding for them to hear or read about the great times you've had. Thanks for taking the time to send in your thoughts.

This programme is packed with different courses at venues across Norfolk and north Suffolk, so if you are a mad-keen footballer wanting to learn new skills, make new friends and play football with us, then there's a course for you in here!

We are also pleased to feature Kickz, one of our new initiatives which is not only having a big effect on various individual's lives, but also playing an active role in the community itself.

With Easter and Whitsun not far away we look forward to seeing you soon!

Ian Thornton

Director, Football in the Community



I am very proud to be asked to write the introductory comments to this addition of the FITC Development Brochure.

Having represented Norwich City as a professional player (playing 477 competitive games), the Community Ambassador, the Head of Recruitment and now the Football Manager, I have always believed in and participated in many community based activities.

Like all my professional players, I strongly support and endorse all the activities within this development brochure. Football and sport is so powerful, providing so many opportunities to so many individuals of all

ages, abilities and backgrounds in so many different ways. Key fundamental movements and skills can be learnt from such an early age through many of these courses, while confidence and communication can be built on, together with experiencing unbelievable amounts of fun, laughter and friendship.

Therefore, it would be great to see you book on a FITC course and start to improve your own skills very soon.

On the ball City!

Brian Gunn

Football Manager,
Norwich City FC



NCFC Easter Soccer Schools

For ages 5 to 14 years old



During the Easter holiday, FITC will be hosting 4 and 2 day Soccer Schools at venues across Norfolk and north Suffolk.

Soccer Schools are a great way for children to get active enjoying the sport they love, with technical skills and competitions. The courses create the ideal environment for children to learn and have fun at the same time.

Soccer Schools offer:

- Coaching for boys and girls aged 5 to 14 years old from our FA-qualified FITC team
- Courses run from 10.00am to 3.00pm
- Featuring all your favourite FITC games
- Includes a free course gift and certificate
- Opportunities to be selected for our Player Development Centres
- Possibility of player appearances (depending on availability)
- Book early to avoid disappointment

Monday 6th – Thursday 9th April 4-day course

Sprowston High School, NR7 8NE E1

Monday 6th & Tuesday 7th April 2-day courses

Beccles Sports Ground, NR34 9RH E2

Cromer Sports Centre, NR27 0EX E3

Wednesday 8th & Thursday 9th April 2-day courses

Northgate High School, Dereham, NR19 2EU E4

Diss High School, IP22 4DH E5

Stalham High School, NR12 9DG E6

Tuesday 14th & Wednesday 15th April 2-day courses

Cliff Park Junior School, Gorleston, NR31 6SZ E7

Taverham Junior School, NR8 6SX E8

CNS High School, Norwich, NR4 6PP E9

Thursday 16th & Friday 17th April

Flegg High School, NR29 4QD E10

Swaffham Junior School, PE37 7EA E11

Hethersett High School, NR9 3DB E12

Carrow Park, NCFC, NR1 1JE E13

Prices

4 days: Members £43 / Non-members £47

2 days: Members £25 / Non-members £27

Please note:

Members prices apply only to existing FITC Members who can supply their FITC membership number at the time of booking.

Other courses available during the Easter holiday:

- Soccer Tots (go to page 8 »)
- Mini Kickers (go to page 9 »)
- Girls' Football (go to page 13 »)

Fun, football and friends



NCFC Whitsun Strikers' Schools

For ages 5 to 14 years old



During the Whitsun half term, FITC will be hosting 2 day Strikers' Schools at venues across Norfolk and north Suffolk.

Strikers' Schools are designed to cover all aspects needed to improve those important goal-scoring skills and techniques. The course will cover heading, shooting, volleying, beating opponents to score and penalty taking.

The two days are designed to improve and develop young players of all standards and abilities in a fun, safe, challenging environment with plenty of goal scoring action.

As with all Soccer Schools, the Strikers' Schools offer:

- Coaching for boys and girls aged 5 to 14 years old from our FA-qualified FITC team
- Courses run from 10.00am to 3.00pm
- Featuring all your favourite FITC games
- Includes a free course gift and certificate
- Opportunities to be selected for our Player Development Centres
- Possibility of player appearances (depending on availability)
- Book early to avoid disappointment

Tuesday 26th & Wednesday 27th May 2-day courses

Sproston High School, NR7 8NE	W1
Long Stratton Leisure Centre, NR15 2UY	W2
Cromer Sports Centre, NR27 0EX	W3
Taverham Junior School, NR8 6SX	W4
Hethersett High School, NR9 3DB	W5

Thursday 28th & Friday 29th May 2-day courses

CNS High School, Norwich, NR4 6PP	W6
Bungay FC, The Maltings, NR35 2RU	W7
Caister Junior School, NR30 5ET	W8
Northgate High School, Dereham, NR19 2EU	W9
Attleborough Junior School, NR17 2NA	W10

Prices

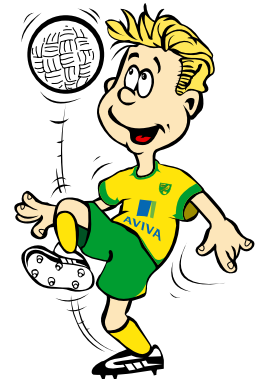
2 days: Members £25 / Non-members £27

Please note:

Members prices apply only to existing FITC Members who can supply their FITC membership number at the time of booking.

Other courses available during Whitsun half term:

- Soccer Tots (go to page 8 »)
- Mini Kickers (go to page 9 »)



It only takes a second to score a goal...

Soccer Tots

For ages 3 and 4 years old



Soccer Tots works with our youngest footballers.

Aimed at boys and girls aged 3 to 4 years, sessions are designed to increase balance, co-ordination and self-confidence, whilst learning basic movements with the use of footballs. Coaches to children ratios are high to ensure learning and development takes place, with parental interaction encouraged.

Easter Holiday

Venue: Carrow Park, NCFC

Dates: Monday 6th & Tuesday 7th April

Time: 1.00pm – 3.00pm

Cost: Members: £13 / Non-members £14

Code: EST

Whitsun Half Term

Venue: Carrow Park, NCFC

Dates: Tuesday 26th &
Wednesday 27th May

Time: 1.00pm – 3.00pm

Cost: Members: £13 / Non-members £14

Code: WST

Summer Term

Venue: Trowse YMCA Sports Hall, Norwich

Dates: Mondays 27th April – 13th July
(10 weeks, excluding 4th May & 25th May)

Time: 1.00pm – 2.00pm

Cost: £30

Code: ST1

Venue: Gorleston Methodist Church

Dates: Mondays 27th April – 13th July
(10 weeks, excluding 4th May & 25th May)

Time: 1.00pm – 3.00pm

Cost: £10 (part-funded by NHS grant)

Code: ST2

Venue: Alderman Swindell Infant School,
Great Yarmouth

Dates: Tuesdays 28th April – 7th July
(10 weeks, excluding 26th May)

Time: 10.00am – 12.00pm

Cost: £10 (part-funded by NHS grant)

Code: ST3

Mini Kickers

For ages 4 to 6 years old



Mini Kickers is for children aged 4 to 6 years old, providing an introductory course to children who enjoy playing football.

Mini Kickers helps youngsters to improve fundamental movements, listening, social and basic football skills, with FITC's team of enthusiastic coaches ensuring that children learn through playing fun games, skill tests and matches.

Easter Holiday

Venue: Carrow Park, NCFC

Dates: Monday 6th & Tuesday 7th April

Time: 10.00am – 12.00pm

Cost: Members: £13 / Non-members £14

Code: EMK

Whitsun Half Term

Venue: Carrow Park, NCFC

Dates: Tuesday 26th &
Wednesday 27th May

Time: 10.00am – 12.00pm

Cost: Members: £13 / Non-members £14

Code: WMK

Summer Term: Saturdays

Dates: 25th April – 4th July (10 weeks, excluding 27th June). The courses cost £30.

Venue: Carrow Park, NCFC

Times: 9.30am – 10.30am (age 4)
10.30am – 11.30am (ages 5-6)

Code: MK1 (age 4) / MK2 (ages 5-6)

Venue: Lynn Grove High School, Yarmouth

Time: 10.00am – 11.00am (age 4-6)

Code: MK3

Wednesdays

Dates: 29th April – 8th July (10 weeks, excluding 27th May). The courses cost £30.

Venue: Carrow Park, NCFC

Time: 4.00pm – 5.00pm (ages 4-6)

Code: MK4

Venue: Cromer Sports Centre

Time: 4.00pm – 5.00pm (ages 4-6)

Code: MK5

FITC Soccer Skill Centres

For ages 5 to 12 years old



FITC's local Soccer Skill Centres are open to boys and girls aged 5 to 12 years.

The courses run over a block of 10 weeks for one hour a week, and are designed with the aim of the children having fun and learning new techniques each week.

Courses cover all the footballing basics including passing, turning, ball skills, dribbling, heading and shooting, with fun games and match play in each session.

At every FITC Soccer Skill Centre, children have the chance to win the most improved trophy, get the chance to be selected for our player development centres (boys and girls), and all will receive an attendance certificate signed by their coach and NCFC player.

The 10-week courses cost £30.

Mondays

Dates: Mondays 27th April – 13th July
(10 weeks, excluding 4th May & 25th May)

Fakenham High School (NR21 9QT, Outdoor)

5.00pm – 6.00pm **Code:** SCF

Wymondham Leisure Centre (NR18 0NT, Astro-turf)

5.00pm – 6.00pm (ages 5-6) **Code:** SCW1
6.00pm – 7.00pm (ages 7-8) **Code:** SCW2
7.00pm – 8.00pm (ages 9-12) **Code:** SCW3

Tuesdays

Dates: Tuesdays 28th April – 7th July
(10 weeks, excluding 26th May)

Northgate High School, Dereham (NR19 2EU, 3G Astro-turf)

5.00pm – 6.00pm **Code:** SCD

Hellesdon High School, Norwich (NR6 5SB, 3G Astro-turf)

5.00pm – 6.00pm **Code:** SCH

Long Stratton Leisure Centre (NR15 2UY, Indoor sports hall)

5.30pm – 6.30pm (ages 5-8) **Code:** SCLS1
6.30pm – 7.30pm (ages 9-12) **Code:** SCLS2

Wednesdays

Dates: Wednesdays 29th April – 8th July
(10 weeks, excluding 27th May)

Cromer Sports Centre (NR27 0EX, Astro-turf)

5.00pm – 6.00pm **Code:** SCC

Thursdays

Dates: Thursdays 30th April – 9th July
(10 weeks, excluding 28th May)

Flegg High School Sports Hall (NR29 4QD, Indoor)

5.00pm – 6.00pm **Code:** SCFL

The challenges are designed to test their technique over the duration of the course

Girls' Football

For ages 4 to 12 years old



Soccerettes

Soccerettes is for girls aged 4 to 6 years old, providing an introductory course to girls who enjoy playing football.

The 10-week course held on Tuesday evenings is designed to increase the players' balance, co-ordination, and self-confidence whilst learning basic movements with the use of a football.

Venue: Carrow Park, NCFC
Dates: Tuesdays 28th April – 7th July (10 weeks, excluding 26th May)
Time: 4.00pm – 5.00pm
Cost: £30
Code: GSOC

Girls Only Soccer Centre

Our girls only Soccer Centre offers opportunities for girls aged 7 to 12 years to take part in a weekly hour long session.

Held at FITC's very own facility at Carrow Park, the sessions offer structured coaching run by our FA/FITC female-qualified team. The course is specifically designed for girls wanting to learn new and different footballing techniques in shooting, passing, turning, dribbling, heading and match play. Opportunities are also available to be selected for our FITC Girls' Player Development Centres.

Venue: Carrow Park, NCFC
Dates: Tuesdays 28th April – 7th July (10 weeks, excluding 26th May)
Time: 5.00pm – 6.00pm
Cost: £30
Code: GSC

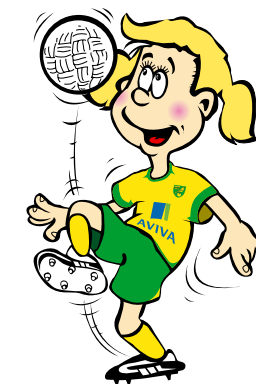
Easter Holiday

Come and spend a couple of days of your Easter holiday with the Girls' Development Team here at FITC – join us at Carrow Park for our girls-only soccer school.

The one-day course is for girls aged 5 to 12 years old of all footballing abilities. The girls will receive structured coaching sessions mixed in with fun footballing FITC games.

Girls will also take part in their very own FITC Girls World Cup tournament in the afternoon, with a chance to win prizes. All players receive a course gift and certificate.

Venue: Carrow Park, NCFC
Dates: Wednesday 8th & Thursday 9th April
Time: 10.00am to 3.00pm
Cost: Members £25 / Non-members £27
Code: EGO



Goalkeeping

For ages 6 to 15 years old



FITC goalkeeping courses are ideal for boys or girls who wish to receive specific GK training.

Topics such as handling, footwork, shot stopping, crosses, diving and 1v1s will be covered, with the key basic techniques and principles broken down and delivered so that players understand how to perform each aspect of this specific and individual position.

Goalkeepers who perform well over a period of time may follow in the footsteps of others who have progressed into the GK Player Development Centre or the NCFC Academy.

Summer Term

Venue: Fakenham High School, NR21 9QT
Dates: Mondays 27th April – 13th July (10 weeks, excluding 4th May & 25th May)
Time: 5.00pm – 6.00pm (ages 6-15)
Cost: £30
Code: GK1

Venue: Cliff Park Middle School, Gorleston, NR31 6SZ
Dates: Wednesdays 29th April – 8th July (10 weeks, excluding 27th May)
Time: 5.30pm – 6.30pm (ages 6-15)
Cost: £30
Code: GK2

Venue: Carrow Park, NCFC, NR1 1JE
Dates: Fridays 1st May – 10th July (excluding 29th May)
Times: 6.00pm – 7.00pm (ages 6-10)
7.00pm – 8.00pm (ages 11-14)
Cost: £30
Codes: GK1 (ages 6-10)
GK2 (ages 11-14)

Aviva Match Nights

For ages 6 to 12 years old



FITC will be running our Friday AVIVA Match Night centres at various venues and these are open to boys and girls aged 6 to 12 years.

During this 10-week course, children will take part in competitive structured matches and learn key skills in preparation for the matches.

Match Nights are an ideal opportunity for young footballers to learn new skills and increase their confidence in a fun environment. Even if you currently play for a local club team or just enjoy a regular fun match, then this course is for you.

All children will receive an attendance certificate and have the opportunity to be selected for our Player Development Centres.

The 10-week courses cost £30.

Summer Term

Dates: Fridays 1st May – 10th July (excluding 29th May)

Thorpe High School, Norwich, NR7 0XS (3G Astro-turf)
Time: 5.30pm – 6.30pm **Code:** MN1

Taverham High School, Norwich, NR8 6SX (Astro-turf)
Time: 5.30pm – 6.30pm **Code:** MN2

Lynn Grove High School, Bradwell, NR31 8AP (3G Astro-turf)
Time: 5.30pm – 6.30pm **Code:** MN3

Watton Sports & Social Club, IP25 6EZ (Astro-turf)
Time: 5.30pm – 6.30pm **Code:** MN4

AVIVA Ability Counts



For ages 8 years old and over



FITC provides five AVIVA Ability Counts centres in Norwich and Dereham for adults and children who have physical and learning disabilities.

The sessions delivered not only give the players the opportunity to take part and improve their football skills, but also help improve their social skills, self confidence, self esteem and mobility.

Each session is delivered by fully qualified staff who have experience of working with various types of disability and adapt the sessions to the individual needs of each person, ensuring that every goal is achievable and the players always leave the venue a happier and more confident person.

Children's Pan-Disability

Venue: Carrow Park, NCFC
Dates: Wednesdays 29th April – 8th July (10 weeks, excluding 27th May)
Time: 6.00pm – 7.00pm
Cost: £20
Code: AC1

Adults' Pan-Disability

Venue: Carrow Park, NCFC
Dates: Wednesdays 29th April – 8th July (10 weeks, excluding 27th May)
Time: 7.00pm – 8.00pm
Cost: £20
Code: AC2

Venue: Northgate High School, Dereham
Dates: Thursdays 30th April – 9th July (10 weeks, excluding 28th May)
Time: 5.00pm – 6.00pm
Cost: £20
Code: AC3



Match Day Clubs



FITC provides match day packages for local clubs, schools and community groups to attend every home game.

It is a fantastic opportunity for young players not only to see the Canaries in a first team home match at Carrow Road but also to get the opportunity to take part in a fun coaching session and a mini tournament at Carrow Park.

Spend the day being treated like a professional with an exciting two-hour fun coaching session from our qualified coaching staff. Following your coaching session, you will finish off the morning with a tournament to see who is crowned champions of the day.

After a short lunch break you will then take your seats for the afternoon's football feast at Carrow Road and watch the professionals carry out all the tasks you have just mastered and hopefully see plenty of goals at the same time.

A match day package can be held at Carrow Park and caters for just 32 children, or can be held at your training venue for numbers from 16 to 64.

Additional tickets at a discounted price are available for team managers, adults and group leaders.

Group and team prices are available upon request, so call us now for a footballing day your group will not forget.

Learn top tips with our FITC staff, then see it all put into action by the professionals



Hautbois

... where you can

Our 28-acre private estate overlooking the River Bure is conveniently located just north of Norwich, providing the ideal alternative to a city-centre location.

For schools and youth groups our on-site management team provides support for all your needs:

- Safety and enjoyment
- Qualified instructors
- Wide choice of activities
- State-of-the-art training room
- Residential or day visits
- Adventure holidays



We also offer corporate facilities for:

- Day Conferences
- Training Sessions
- Activity Taster Days
- Residential Events
- Award Ceremonies
- Receptions and Dinners

Contact us for further information:

Phone 01603 737357
Email admin@hautbois.org.uk
or write to Hautbois
5 Great Hautbois Road
Coltishall, Norwich NR12 7JN

Hautbois is owned and operated by Girlguiding Anglia



Kickz



The Kickz project runs three evening per week for 48 weeks of the year and not only provides football coaching and competitions, but also offers a range of other positive activities including basketball, street dance, boxing as well as music and arts workshops.

Developmental and educational sessions are also run, dealing with issues such as healthy lifestyles and the dangers of getting involved in drugs and carrying weapons.

If you live in the local area and would like to get involved with the project, come down to (The Cage) at Cobholm on Tuesday's, Thursday's and Friday's between 5-7pm.

Alternatively you can contact our Social Inclusion Officer on 01603 761122 for further information.

Tuesdays – Football

Venue: The Cage, Cobholm
Ages: 12 - 14 years
Time: 5.00 - 6.00pm

Ages: 15 - 18 years
Times: 6.00 - 7.00pm

Thursdays – Multi-activities

Venue: The Cage, Cobholm
Ages: 12 - 14 years
Time: 5.00 - 6.00pm

Ages: 15 - 18 years
Time: 6.00 - 7.00pm

Fridays – Football

Venue: The Cage, Cobholm
Ages: 12 - 14 years
Time: 5.00 - 6.00pm

Ages: 15 - 18 years
Time: 6.00 - 7.00pm



Birthday Parties & Gift Vouchers



FITC offer a variety of football and multi-sports birthday parties.

Carrow Park is perfect for a football or sports mad boy's or girl's birthday party. Our qualified coaches will not only organise all the fun games for the children but we will provide a small room for you to bring your own food or we can order pizza for you. Bring between 16 and 20 children from as little as £120.

FITC offer a choice of four packages for you to choose from – Bronze, Silver, Gold or Platinum – and a wide choice of add-ons to make it a birthday to remember.

All packages include:

- 1½ hours of football
- ½ hour food break
- ½ hour ground tour (subject to availability)
- FITC gift for birthday child
- Free ticket to watch a film at Hollywood Cinemas for every child

Bronze

- Up to 16 children
- £120 (£30 deposit required)

Silver

- + Six cheese & tomato pizzas
- Up to 20 children
- £160 (£40 deposit required)

Gold

- + Six cheese & tomato pizzas
- + FITC football signed by NCFC players
- + 20 FITC footballs
- Up to 20 children
- £250 (£50 deposit required)

Platinum

- + NCFC home / away kit or FITC kit for birthday child
- + Six cheese & tomato pizzas
- + FITC football signed by NCFC players
- + 20 FITC footballs
- Up to 20 children
- £300 (£60 deposit required)

Further Information

For availability or to book a party please call the FITC office on 01603 761122.

All children receive a free ticket to watch a film at a local Hollywood Cinema.

FITC Gift Vouchers

Stuck for a gift for a 3-15 year old? Then why not give them an FITC gift voucher?

The new FITC Gift Vouchers can be used to pay for any FITC product – all courses, FITC black kit, FITC match tickets and more.

You choose the value of the voucher (minimum £5.00), with the option to add a personal message for the child (please request at time of ordering).

The vouchers are available to buy for use at any time throughout 2009.

You can buy them by calling the FITC office on 01603 761122.

Please note that vouchers cannot be used in NCFC Club Shops or NCFC-sold match ticket offers.

They've got birthdays all wrapped up



Kit out your team with XARA TEAMWEAR

We have a great selection of kit, trainingwear and much, much more...

Spend £100 or more and receive:

- Ground tour of Carrow Road
- Signed Norwich City football
- Prize draw entry to present the Player of the Month award before a Norwich City first team home game
- Official XARA certificate signed by the first team manager of Norwich City

Call or email NOW for a free no obligation quote
0800 0326 250
 xarateamwear@nfc-canaries.co.uk

Offer ends April 30, 2009. Terms and conditions apply, contact Xara Teamwear for more information. 

FITC Black Kit



Notice for FITC players who are still awaiting some items of kit:

After a few delays with the manufacturers, we can confirm that the FITC black kit will be back in stock from March 2009. We apologise for the delay with your child receiving their kit, and will ensure that ordered items are received as soon as possible.

Special offer on size 4-6 kit for Soccer Tots & Mini Kickers

*This is small in size, suitable for children aged 3 & 4 years old.)

Now even children from as young as 3 or 4 years old can wear the same kit as their coaches! The FITC kit includes the comfortable T-shirt and shorts ready for when the weather turns warmer! If you order all the below items of kit in size 4-6 years, you will pay only £45 – that's a saving of £24 compared to their usual package price. Please quote "Tots Special Offer" when ordering.

The items are also available at the following discounted prices: T-shirt: £10 / Shorts: £8 /


Sweatshirt: £12 / Tracksuit bottoms: £15 / Socks (shoe size 9-12): £4 (Also available but not included in promotional package: tracksuit tops: £21.)

There are three easy ways to order:

- 1 Download the FITC Kit Form by visiting www.fitc.org.uk. Click on the "Downloads and Bookings" section. (You will pay the prices quoted here, not those on the order form.)
- 2 Order by telephone by calling the FITC Office with your card details on 01603 761122.
- 3 Visit the FITC Office, on level 2 of the Jarrold Stand at Norwich City FC.

All kit will be posted directly to you by Recorded Delivery, with a standard package and posting fee of £5. Alternatively, you are welcome to collect your kit from the FITC office.

We will call you when your order has been processed and is ready for collection.



themall.co.uk/rewardme

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shopping as it should be

Email Booking Confirmation



Since the beginning of the year, we have been using a new policy with regards to the way we confirm a booking made with FITC – now, we will only confirm to those who supply an email address.

Last year Norwich City FC launched their Yellow & Greener campaign to encourage recycling, saving energy and reducing the waste produced at Carrow Road.

FITC has gone one step further in supporting Norwich City's pledge by reducing the amount of paper correspondence we send out, and by trying to improve communication through electronic means, for example email confirmation and online application forms.

You can help us to help you by supplying or updating the email details we have for you whenever possible.

Update your details now to receive your booking confirmation by email

FITC Online



www.fitc.org.uk

For all up to date information concerning FITC, the programmes we run, news, course dates and venues make sure you visit our website at www.fitc.org.uk.

Brand new to the site is a fun game to play online - will you be able to beat your coaches?

Course application forms

Please visit the downloads section of www.fitc.org.uk for more course and membership application forms.

FITC eBay shop

FITC also have our very own online shop through eBay, where we sell shinpads, gloves, bags, hats, FITC Black Kit and Norwich City players' old shirts, shorts and training wear.

You can visit the shop at stores.ebay.co.uk/Football-in-the-Community.

FITC photos

You can view and buy pictures taken at recent FITC events, including the Summer Soccer Schools, Legends Course, Summer Cup and more, direct from photographers run2 – visit www.run2online.com/fitc to find out more, view the albums and buy photos online. All the pictures in this brochure are there!

Get everything you need to know about FITC, online – visit us at www.fitc.org.uk

FITC Staff



FITC's team of dedicated full time and casual coaches are always striving to improve at every opportunity.

Every FITC course is specifically catered for the players attending and every effort is made to ensure children are engaged in a fun, learning environment.

All FITC Staff hold:

- FA qualifications in Football
- Qualifications in other sports
- Emergency First Aid Certificate
- Safeguarding Children Certificate

All staff attend internal training and are kept up to date on any new legislation within the profession.

Want to join the team?

FITC are recruiting Sports Coaches to deliver in a wide range of current and future initiatives.

As Norfolk's biggest sporting provider, we can offer many opportunities working in our schools, health, social inclusion, advanced and grassroots initiatives.

We have a proven track record of employing, training and developing enthusiastic coaches, who now form an integral part of our full time development team.

Visit our website at www.fitc.org.uk and go to the "Downloads and Bookings" section for an application form.

Can you kick it (and head it, throw it, catch it and coach it)?

Holden Group Driving Satisfaction

Partners
to FITC



Choose your player of the season.

**HONDA INSIGHT
HYBRID**



**MG TF
LE500**



**HONDA
JAZZ**



**RENAULT
MEGANE**



**RENAULT
LAGUNA COUPE**



The Holden Group

Barker Street
Norwich NR2 4TF
01603 219660

22 Heigham Street
Norwich NR2 4TF
01603 628911

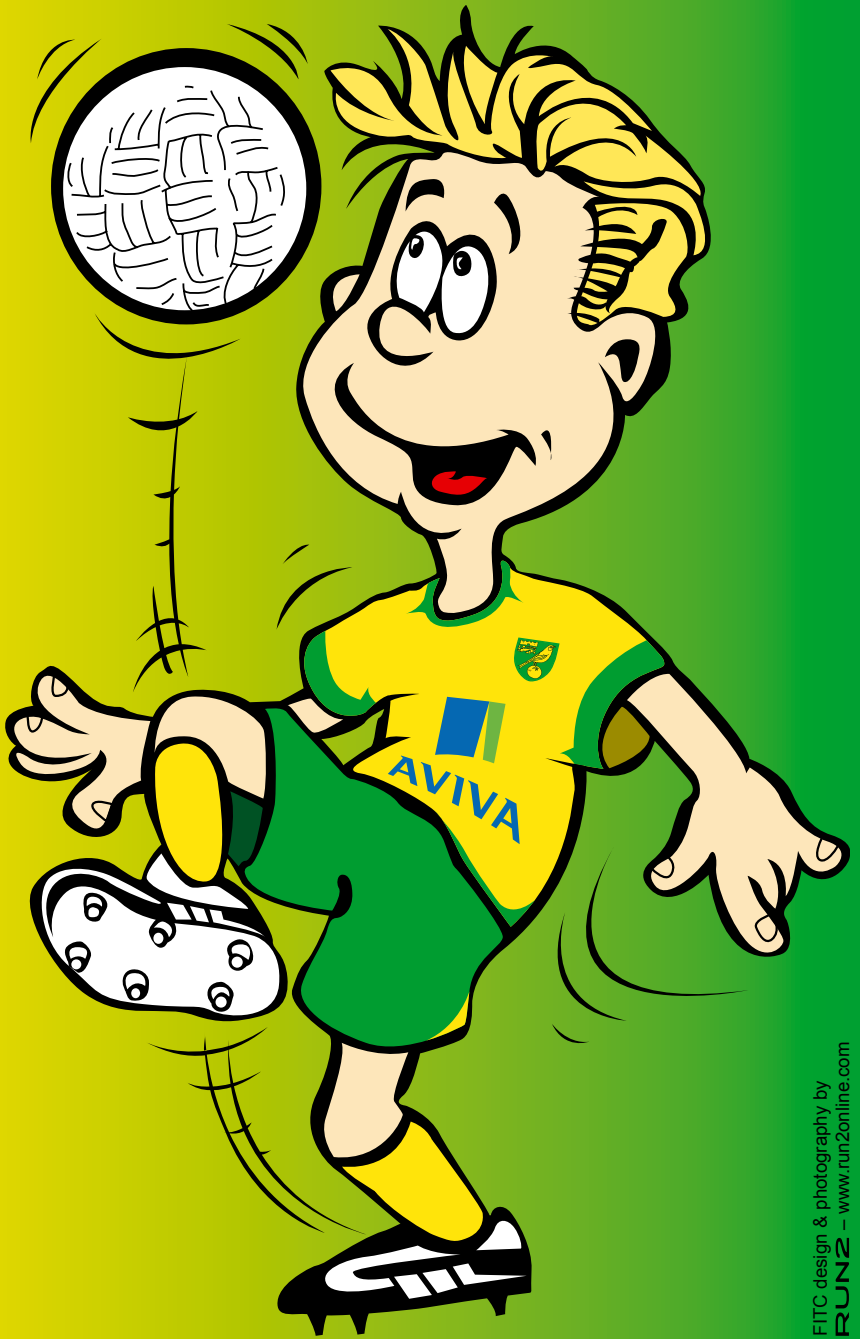


www.holdengroup.co.uk

Models shown for illustration purposes only.

FITC Development Programme

April – July 2009



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